

**Bulldog Bash Warm-up Schedule**  
*(tentative warm-ups)*

8:30 – 8:50

Lanes 1 & 2 – Big Spring  
Lanes 3 & 4 – Chambersburg  
Lanes 5 & 6 – Carlisle  
Lanes 7 & 8 – Shippensburg

8:50 – 9:10

Lanes 1 & 2 – Gettysburg  
Lanes 3 & 4 – James Buchanan/Greencastle  
Lanes 5 & 6 – Susquehanna Township  
Lanes 7 & 8 – Hedgesville

9:10 – 9:30

Lanes 1 & 2 – Dover  
Lanes 3 & 4 – Goretti  
Lanes 5 & 6 – Jefferson  
**Lanes 7 & 8 – Bishop McDevitt**

9:30 – 9:50

Lanes 1 – All non swim schools  
Biglerville, Greenwood, Halifax, Littlestown, Millersburg,  
Susquenita, Upper Dauphin,  
West Perry  
Lanes 2 – Waynesboro  
Lanes 3, & 4 – Musselman  
Lanes 5 & 6 - Martinsburg  
Lanes 7 & 8 – Hampshire

Warm-up sessions are to be under the supervision of the coaches. Please tell your athletes to NOT SWIM under the bulkhead. You are to do your starts and sprints in your lane during your warm-up session. The shallow end may also be used during the warm-up session. As far as use during the meet, we will leave that up to the discretion of the officials due to the noise factor and proximity of the starting blocks.